

# CPD - COUNSELING AND PERSONAL DEVELOPMENT

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**CPD 116 - Substance Abuse-Fundamental Facts and Insights      Units: 3**

This course covers the following topics related to substance abuse in our society: identification of substances, reasons for abuse of alcohol and of drugs, signs and symptoms of substance abuse, and approaches and techniques recognized as effective in substance abuse counseling. It is recommended that students take the BADA workshop Classification Of Alcohol in addition to this course for BADA certification. College credit can be given for the workshop.

*Term Offered: Spring and Fall*