

NUTRITION AND DIETETICS, AS

Note: This degree/certificate leads to professional licensure. Licensure requirements vary by state/territory and relocating could impact whether you will meet eligibility requirements for licensure. Please visit our Professional Licensure Programs (<https://www.tmcc.edu/vpaa/professional-licensure-programs/>) page for full details on State Authorization Reciprocity Agreement.

Program Description

The Associate of Science, Dietetic is a two-year transferable degree with the option for stackable certificate or credential, offering the ability for employment in the field. The curriculum includes an emphasis in the nutritional, biological and physical sciences. All recommended courses partially satisfy the bachelor of science in AS, Nutrition and Dietetics specialization at the University of Nevada, Reno. If the student wishes to seek a credential as a Nutrition and Dietetic Technician, Registered (NDTR), the following courses should be added.

Code	Title	Units
CUL 100	Sanitation/HACCP	2
NUTR 100	Introduction to Dietetic Technician Program	0.5
NUTR 233	Community and Lifecycle Nutrition	3
NUTR 243	Medical Nutrition Therapy for Dietetic Techs I	3
NUTR 244	Medical Nutrition Therapy for Dietetic Techs II	3
NUTR 291	Nutrition Internship-Food Service	3
NUTR 292	Nutrition Internship-Community	3
NUTR 293	Nutrition Internship-Clinical	3

Accreditation information can be found on the Dietetic Technician Program website (<http://www.tmcc.edu/dietetic-technician/>).

Recommended Course Sequence

1st semester		Units
ENG 101	Composition I	3
or ENG 100	or Composition Enhanced or Composition I for International and Multilingual Students	
or ENG 113		
Fine Arts ⁴		3
MATH 126	Pre-Calculus I (or higher)	3
NUTR 220	Food Service Systems Management	3
PSY 101	General Psychology	3
Semester Total		15
2nd semester		Units
BIOL 190A & BIOL 190L	Introduction to Cell and Molecular Biology and Introduction to Cell and Molecular Biology Laboratory	4
CHEM 121	General Chemistry I	4
ENG 102	Composition II	3
or ENG 114	or Composition II For International and Multilingual Students	

NUTR 221	Quantity Food Purchasing	3
Semester Total		14
3rd semester		
BIOL 223	Human Anatomy and Physiology I	4
CHEM 122	General Chemistry II	4
Humanities ⁴		3
NUTR 223	Principles of Nutrition	3
Semester Total		14
4th semester		
BIOL 224	Human Anatomy and Physiology II	4
BIOL 251	General Microbiology	4
COM 113	Fundamentals of Speech Communications	3
U.S. and Nevada Constitutions ⁴		3
NUTR 253	Cultural Considerations in Nutrition and Health Care	3
Semester Total		17
Total Units		60

⁴ See approved General Education list for the AA/AS Degree. (<https://catalog.tmcc.edu/degrees-certificates/general-education/aa-as/>)

Program Requirements

AA/AS degrees are designed for students who plan to transfer to a four-year college or university.

To earn an AA/AS degree, students must:

1. Maintain a minimum cumulative GPA of 2.0 (see requirements for graduation.)
2. Complete a minimum of 15 units within the college.
3. Satisfy General Education requirements for the AA/AS (<http://catalog.tmcc.edu/degrees-certificates/general-education/aa-as/>).
4. Have no financial or library obligation to the college.

Code	Title	Units
General Education Requirements		
<i>English</i>		3-6
Must include ENG 102 or ENG 114 ¹		
<i>Fine Arts</i>		3
<i>Humanities</i>		3
<i>Mathematics</i>		3
<i>Science</i>		[6]
Required:		
CHEM 121 & CHEM 122	General Chemistry I and General Chemistry II	8
<i>Social Science</i>		[3]
Required:		
PSY 101	General Psychology	3
Additional College Requirements		
<i>Diversity</i> ²		[3]
Recommended:		
NUTR 253	Cultural Considerations in Nutrition and Health Care	

<i>Science</i> ³		[6]
BIOL 190A & BIOL 190L	Introduction to Cell and Molecular Biology and Introduction to Cell and Molecular Biology Laboratory	4
<i>U.S. and Nevada Constitutions</i>		3
Degree Requirements		
BIOL 223	Human Anatomy and Physiology I	4
BIOL 224	Human Anatomy and Physiology II	4
BIOL 251	General Microbiology	4
COM 113	Fundamentals of Speech Communications	3
NUTR 220	Food Service Systems Management	3
NUTR 221	Quantity Food Purchasing	3
NUTR 223	Principles of Nutrition	3
NUTR 253	Cultural Considerations in Nutrition and Health Care	3
Elective Requirements		0-3
Total Units		60

¹ If you place into ENG 102 or ENG 114 the additional 3 required units will become elective units.

² May also count toward degree requirements. Please consult with Academic Advisement.

³ 2 units from GE count toward fulfilling the Science requirement.

Program Outcomes

PSLO1: Demonstrate a basic knowledge of nutrition, science, and math that comprise the integral foundation applicable to a four-year degree.

PSLO2: Synthesize and apply nutrition principles in a variety of settings.

PSLO3: Demonstrate academic and practical knowledge of standards appropriate to dietetic practice.

Transfer Agreements

AA/AS degrees are designed for students who plan to transfer to a four-year college or university. General information about general transfer agreements can be found on the Academic Advisement website (<https://www.tmcc.edu/advisement/transfer-students/transfer-agreements/>).

Students who intend to transfer to another college or university should speak with a TMCC Academic Advisor and consult with that institution.

The transfer institution determines how TMCC courses will transfer.

TMCC has agreements with the following institutions towards a bachelor's degree in the same or similar discipline.

- University of Nevada, Reno (<https://catalog.unr.edu/content.php?catoid=47&navoid=64749>)